



Volunteer role: Supporting Young Carers

Purpose of role

To improve the lives of young people with caring responsibilities.

Activities

- Support young carers (aged 4-19 years) at monthly activity days which offer them respite from their caring responsibilities
- Provide a listening ear and, where appropriate, emotional support
- Support young people on a one-to-one basis or in a small group

Skills and experience

- You will love working with children and have an empathy with young people who are carers
- Some experience or knowledge of supporting a group of young people would be useful.

Continued...

Further information and to apply contact Bromley Well on **020 8315 1905**
volunteering@bromleywell.org.uk **www.bromleywell.org.uk**

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Training and support offered

Full, relevant training is provided for this role, alongside regular support and supervision.

Benefits to volunteers

- You will gain a sense of satisfaction and achievement from helping other people
- Ongoing training will be available
- A reference may be available after a qualifying period of time
- Out-of-pocket expenses may be reimbursed.

Want to find out more?

We'd love to hear from you, call 020 8315 1905 or email volunteering@bromleywell.org.uk to get started today!

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