



Bromley

Well

**BWYC**  
Bromley Well Young Carers



**EXCELLENCE  
FOR CARERS**  
Carers Trust Quality Award

## Welcome to our Young Carers Newsletter

Bromley Well Young Carers Service supports Young Carers aged 4 -19 who are helping to support or care for a parent, sibling, friend or relative at home.

**Bromley Well has been awarded the Carers Trust Excellence for Carers Quality Standard.**

The award demonstrates Bromley Well's commitment to providing consistently high quality services to unpaid carers.

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### Coordinator's update

BWYC are getting ready for spring with lots of exciting new events and workshops coming up. Before we look ahead, we'd love to take a moment to reflect back on Christmas and say a huge thank you to Su Pollard, who kindly took the time to meet some of our young carers at the Churchill Theatre in December – oh yes she did!

Please keep an eye on the BWYC App, as we'll also be marking **Young Carers Action Day on 11th March. This year's theme is Fair Futures for Young Carers, a day that's all about your voice, your day, and making sure you matter.**

# Service updates

## Young Carers Across Bromley – Connecting & Growing Together with the BWYC APP!

As we head into spring, here’s a quick reminder to keep making the most of the BWYC App and all its new features. We’d especially love to hear your thoughts through the new forms section – after each event, let us know what you enjoyed and what we could do even better next time. Your feedback really helps shape what we do.

Your voice matters to us, and we genuinely love reading your comments and ideas. You can also use the “About Me” section to tell us how things are going for you. And if you’d rather chat, you’re always welcome to drop us a text, send an email, or give us a call – whatever feels easiest for you.



To sign up to our Bromley Well Young Carers email list follow the link:  
<http://eepurl.com/iihvws>  
 Please make sure you sign up!



The app is your go-to spot for keeping up with upcoming events and checking in on how you’re feeling. We’re so excited to see so many of you diving in, getting involved, and making the most of all the support and fun opportunities on offer!

## School Visits & Expanding Our Young Carer Champions

BWYC are keen to visit more schools over the coming months, so remember, if we haven’t been to your school yet, drop us a line! We’d love to come along, meet you, and spread the word about our Young Carers community.

As you know, we’re passionate about reaching every school and every Young Carer in our borough, helping our caring community grow stronger and more connected than ever.

**WE ARE THE CHAMPIONS**



### **School Visits This Quarter**

**Marjorie McClure Specialist School – 12th February**  
 Discussed Young Carers supporting SEN siblings.

**St George’s CE Primary School – 26th February**  
 Shared information about Young Carers services.

**Glebe School – 11th March**  
 Young Carers Breakfast Assembly & Action Day: Fair Futures – promoting equal opportunities for young Carers.

# Events

## BWYC Events update

### Youth Club Updates

A huge thank you to all the Young Carers and parents who helped make the Youth Club pilot such a success! We're thrilled to share the good news that the Youth Club will be receiving funding to continue, and of course, we'll keep you updated on when it will be up and running.

We'd also like to thank the Mencap Digital Champions for recording our podcast and being such an important part of the experience. Watch this space, we can't wait to see how your Youth Club continues to grow and evolve!



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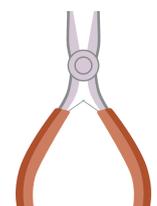
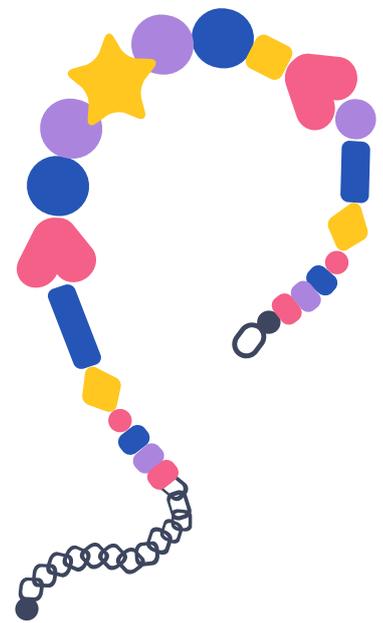


# Events

## BWYC Events update

### Create Jewellery and

What a fantastic three days we've had with Create, designing and making some beautiful pieces of jewellery and artwork. I know I've said it before, but you really are such a talented bunch. It has been truly inspiring watching you all in action, working together, exploring different techniques and tools, and producing some absolutely stunning pieces of work. Well done to everyone who attended and helped make this event such a memorable one. You should all be very proud of yourselves!



# Events

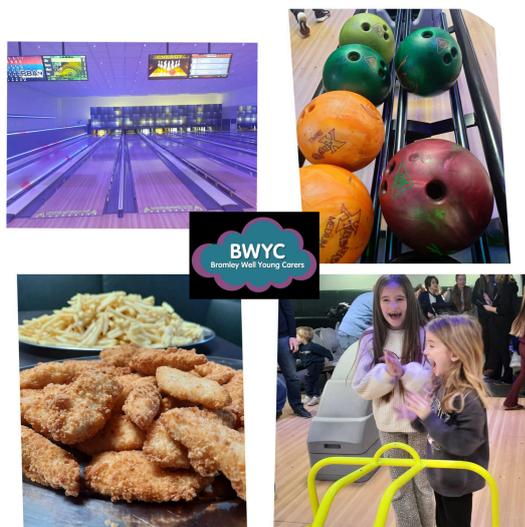
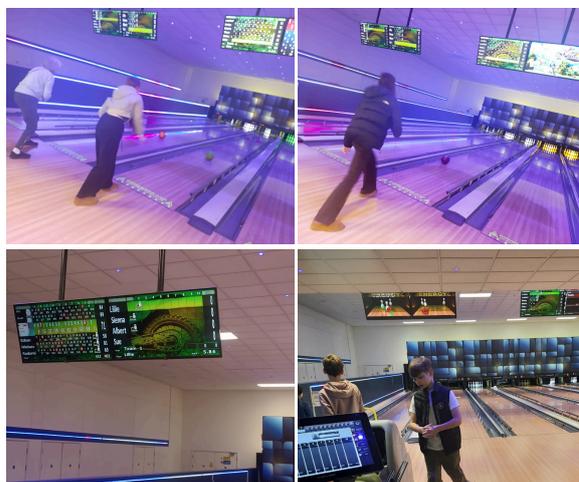
## BWYC Events update

### Bowling The Pavillion Bromley- 20<sup>th</sup> February -Half Term -ages 4-19

What a fantastic way to end our half term! 🎳

We had an amazing time bowling at the Pavilion in Bromley, enjoying lots of laughter and great company. It was wonderful to see our young Carers come together, and even more special to welcome some new faces to our ever-growing community.

A great time was had by all.



# Young Carers Spotlight



## ☀️ Young Carer Spotlight: Radomir ☀️

Radomir is a truly remarkable young carer who provides wonderful support to his 12-year-old sister, who has additional needs. Alongside his caring role at home, Radomir continues to shine in so many different areas of his life.

He is a talented martial artist, holding a red belt in Kuk Sool Won and proudly winning medals for his achievements. He has also successfully completed Level 6 swimming lessons – a fantastic accomplishment!

Radomir has a real love of learning. He is especially interested in history, particularly the World Wars, and enjoys studying geography at home. In fact, he can identify nearly 200 world flags and knows where they belong on the map – an impressive skill! He is also fascinated by space and astronomy, always keen to learn more about the universe.

At Harris Academy Orpington, Radomir plays basketball and takes piano lessons. He is actively involved in school life, participating in iRock where he plays the keyboard, as well as being a member of the debate club. Music is another of his passions – he is a big fan of Michael Jackson, has read his biography, and recently enjoyed watching the MJ musical. He regularly practises piano and can even perform part of Beethoven’s Moonlight Sonata.

Radomir’s dedication, kindness, and wide-ranging talents truly inspire us. We are so proud to spotlight him and celebrate all that he achieves both as a young carer and as a talented young person in our community. ☀️



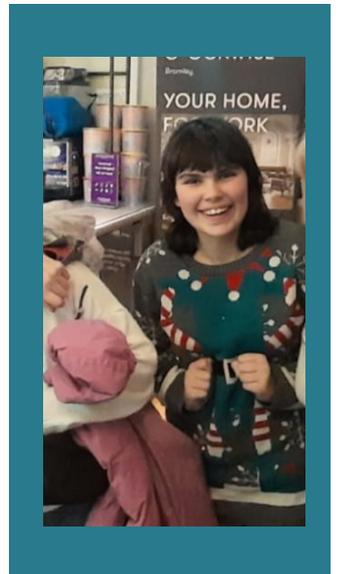
# Young Carers Spotlight



*Our Young Carer Award Winner! Leanne Clark, 12, has been a valued member of Bromley Well Young Carers since 2022. She has attended many events and activities, fully immersing herself in our Young Carers community. So, we were naturally thrilled to hear that she had been nominated by her school, Charles Darwin, for her outstanding caring role supporting her mum.*

*We're delighted to share that Leanne has won the Youth Award from the Bromley Borough Rotary Club! Leanne enjoyed a wonderful evening at the awards, celebrating her achievement (and especially enjoying the food – Jaffa cakes were a definite highlight!). She's also looking forward to spending her Amazon voucher.*

*Congratulations, Leanne – we are so proud of you and all that you do!*



## Young Carers Spotlight



### ★ Young Carer Spotlight: Charlotte Muller ★

Hi, my name is Charlotte and I'm 11 years old. I've been part of Young Carers for a few years now, and they have helped me so much.

I care for my younger brother who has Cerebral Palsy. He can't walk or talk and has used a wheelchair his whole life. Being a young carer isn't always easy, but Young Carers has given me so much fun, support and understanding, and I'm really grateful for that.

When we're out, people sometimes give my brother unkind looks because he's different. His opportunities can be limited, not just by his condition, but by people's attitudes. I want him to have the same chances as everyone else – as equal as they can be.

All young carers want the people we look after to be respected and valued, no matter their condition, race, gender, religion or sexuality. After all, everyone deserves equal rights.

We are proud to share Charlotte's voice and her powerful message about fairness, respect and inclusion. ♥



# Resources

## Young Carers grant for aged 16+

BWYC offers dedicated transition support for young carers, designed to help you navigate important life changes. Whether you're moving to a new secondary school, starting university, or planning for your future, we're here to guide and support you every step of the way.

To access support, you can contact Maria or Gina at [youngcarers@bromleywell.org.uk](mailto:youngcarers@bromleywell.org.uk), or head to the **BWYC App** where you'll find the Transition Forms.

## Transition Support for Young Carers

There are grants available from the **Carers Trust Carers Grant Fund** for any carers, **aged 16+**. Carers can apply for grants of up to £400 for items or activities that will benefit them in their caring role. This could be for a range of things including driving lessons, help to buy items for the home giving a break from your caring role. If you are interested in applying for this grant, please contact us!

## Emotional Support

Please remember that we are available for emotional support and someone to talk to if you need it. If you have any concerns about your **mental health/your caring situation** or if you just **want to talk about things going on in your life** or would like to be signposted to other services, we are here for you.

**Maria/Gina. Email us:**  
[youngcarers@bromleywell.org.uk](mailto:youngcarers@bromleywell.org.uk)



BWYC Provided 1:1 Emotional Support



Save the Date : All Details on the BWYC App.  
**1st-2nd April Laser Quest**  
**7th-8th April Cookie Crumble**  
**9th -10th April Rhino Boulder**  
**28th-29th May Air jump**



# CONTACT US

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