

Bromley Well



Supporting People With Physical Disabilities

Newsletter Issue 3

Sue Fuller: 07484673090 sue.fuller@bromleywell.org.uk

Chetan Raval: 07421106922 chetan.raval@bromleywell.org.uk

Delivered by



Bromley Third Sector Enterprise

Funded by



THE LONDON BOROUGH
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NHS

Bromley

Clinical Commissioning Group

We continue to support people by providing information and advice about services available to them. We are able to help with paperwork, letters, and offer support for clients at appointments and meetings. We also hold monthly workshops, which are an opportunity to learn something new, meet new people and a chance to relax in an informal setting.

Monthly Workshops and Drop-ins

In July, our workshop was about making people aware of frauds and doorstep crime in the area. We invited along two police officers to talk to our group. The session was very informative and made us all aware of what to look out for.

In August we had a talk from the Bromley Well Long Term Health Conditions Team who spoke to us about Pain Management. The presentation was very interesting and helped us to understand pain and learn about coping strategies to deal with it.

Both events were well attended and received.

Our workshops are free of charge and refreshments and a light lunch are provided.

Our next workshop is on Monday 17th September and we will be providing information about First Aid for common accidents around the home. It will be held at the United Reformed Church, Widmore Road, Bromley.

If you are interested in attending, or would like to find out more about our service, please contact one of our Support and Information Officers:

Sue Fuller on 07484673090 email sue.fuller@bromleywell.org.uk

Chetan Raval on 07421106922 email Chetan.raval@bromleywell.org.uk

Alternatively, you can call us in the office on 020 8466 0790.



NEWS - Physical Disabilities

Clothes designed with wheelchair users in mind

ASOS has been praised for designing clothes with wheelchair users in mind. Chloe Ball-Hopkins, a Paralympic athlete and reporter for BBC Bristol has been working with the retailer and tells her story below.



<https://www.independent.co.uk/life-style/fashion/asos-wheelchair-users-disabled-fashion-jumpsuit-online-shopping-a8432351.html>

Accessible Shopping Day

Major retailers are backing the UK's first Accessible Shopping Day on 13th November. This will see retailers introduce new measures to benefit their disabled customers. For more information click on the link below.



<https://www.disabilitynewsservice.com/retailers-back-uks-first-accessible-shopping-day/>

English Blue Badge Scheme Extended

People with hidden disabilities, including autism and mental health conditions are to be given the right to a Blue Badge. More here: <https://www.disabilityrightsuk.org/news/2018/july/english-blue-badge-scheme-include-those-hidden-disabilities>



Disability Consumer Review Site

Rate it! is a new website that offers disabled and older people a space to share their views and reviews of products (both specialist and mainstream) that can help to make life easier. More here: <https://rateit.ridc.org.uk/>

Inclusive Transport

The government has released a new strategy which aims to improve accessibility across all types of travel for people with visible and less visible disabilities. More here:

<https://www.gov.uk/government/publications/inclusive-transport-strategy>



Bus Services Act Consultation

The Department for Transport invites feedback on the Bus Services Act 2017 and accessible information policy proposals. They want to introduce regulations that require bus operators to provide better audible and visible information on local bus services. More here: <https://www.gov.uk/government/consultations/bus-services-act-2017-accessible-information>