

Bromley

Well



Supporting People With Physical Disabilities

Newsletter Issue 2

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Referrals: In recent months, we have seen an increase in referrals. From April to June 125 new referrals were received! We continue to support clients by offering information about services, emotional support, outreach in the community and monthly workshops. We regularly support clients at meetings and medical appointments, with letters and paperwork and housing issues.

Monthly Workshops and Drop-ins

We have held two workshops since the last Bulletin. Our workshop in May was well received by our clients. Our meeting was all about ways to remain emotionally strong and resilient and being able to cope with day-to-day stress. This was followed by our June workshop where we discussed and looked at useful gadgets and aids that can be used around the home.

Our workshops are an opportunity to learn something new; they are relaxed and informal sessions and a chance to meet new people. At the end of the workshop we also hold a drop-in which is an opportunity for one to one support with our clients.



If you are interested in attending one of our workshops or would like to find out more about our service please contact one of our Support and Information Officers:

Sue Fuller on 07484673090 email sue.fuller@bromleywell.org.uk

Chetan Raval on 07421106922 email Chetan.raval@bromleywell.org.uk

Alternatively, you can call us in the office on 020 8466 0790.

NEWS - Physical Disabilities

Scope Wants to Hear Your Experiences

The Government has published a consultation called Modernising Consumer Markets, which is looking at ways to improve how different markets work for consumers. Disabled people often face challenges as consumers, which can drive up the cost of essential goods and services. Scope research shows that on average disabled people face extra costs of £570 per month, related to their impairment or condition. Help shape Scope's response to the consultation by sharing your experiences as a disabled consumer here <https://www.scope.org.uk/campaigns/extra-costs/consumer-green-paper/consumer-experiences>

Google Maps Accessible Routes

Google has added wheelchair accessible routes to Google Maps in most cities and slowly it will be introduced to more places with the help of Local Guides. More here <https://www.blog.google/products/maps/introducing-wheelchair-accessible-routes-transit-navigation/>



Transport for London – Step Free Access

Good news from Transport for London. There are currently 73 Tube stations, 58 London Overground stations and 6 TfL Rail stations now with step-free access. All DLR stations are step-free. For more information click on the link below:

<https://tfl.gov.uk/travel-information/improvements-and-projects/step-free-access>

A Watershed Moment for Disability on TV

Congratulations to The Britain's Got Talent Winner - The Lost Voice Guy. His victory wasn't just notable because he was the first comedian to win in the show's history - but also because he has cerebral palsy. <https://www.bbc.co.uk/news/entertainment-arts-44354287>



Kayaking Success in the Three Lakes Challenge

Andy Sutton becomes the first paraplegic kayaker to paddle across the three largest lakes in England, Scotland and Wales in under 24 hours.

<https://www.bbc.co.uk/news/av/uk-england-leicestershire-44660993/paraplegic-kayaker-beats-three-lakes-challenge>

