



Macmillan Cancer Support – information for anyone affected by cancer

- Our [website](https://www.macmillan.org.uk) is a source of reliable information and is the gateway to the [Coronavirus Hub](#), an up-to-date source of information for people living with cancer. It includes short films from cancer care consultants, podcasts and answers to common questions about coronavirus.
(www.macmillan.org.uk)
- We are prioritising the continued running of the **Macmillan Support Line** (**0808 808 00 00**, open **Mon – Sun, 8am – 8pm**) to provide practical, emotional and financial information & advice.
- The [Macmillan Online Community](#) can be accessed by way of our main website, and is where thousands of people across the globe connect and give each other invaluable emotional and peer support 24/7
(<https://community.macmillan.org.uk/home>)
- [Macmillan Grants](#) are one-off means-tested payments to help with the extra costs that living with cancer can bring. Health & social care professionals can apply on behalf of someone affected by cancer online
(<https://www.macmillan.org.uk/cancer-information-and-support/get-help/financial-help/macmillan-grants>)
- Support to maintain and improve physical and mental well-being is now available through [SafeFit](#) – a free remote service for anyone in the UK who has a cancer diagnosis. Access cancer exercise specialists to access advice, support and resources. It includes information about preparing for and going through cancer treatment during the coronavirus crisis. SafeFit has been developed in partnership with Macmillan Cancer Support, University Hospitals Southampton NHS Foundation Trust, CanRehab Trust, Centre for Perioperative Care (CPOC), National Institute for Health Research Cancer and Nutrition Collaboration, Royal College of Anaesthetists and Wessex Cancer Alliance. This service is being delivered in collaboration with CanRehab Trust, a third-party provider who will deliver the service using their cancer exercise specialists. The service will be evaluated by a research trial being led by the University Hospitals Southampton NHS Foundation Trust 'Wesfit'/Critical care research team.
(<https://www.macmillan.org.uk/cancer-information-and-support/get-help/physical-help/safefit>)
- [Macmillan Telephone Buddies](#) - going through cancer can be an isolating experience at any time, and especially when social distancing. Our free Telephone Buddy service matches someone with cancer with a volunteer who understands what they're going through, and they'll give them a weekly call. Volunteer buddies provide a listening ear and can provide information about other Macmillan services.
(<https://www.macmillan.org.uk/get-involved/campaigns/telephone-buddies>)