

May 2025

NEWSLETTER

Supporting People With Learning Difficulties



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Service delivered by:



Incorporating Bromley Scope

Funded by:



South East London

By Emma Andrew
Senior Information & Support Officer

We support people who have a learning disability or learning difficulty through one-to-one appointments, assisting in meetings and contacting organisations. Our approach is to run a person-centred service giving information, guidance and support. The Learning Difficulty Pathway has recently offered support with welfare benefits, grant applications and day-to-day finances at our weekly correspondence drop-in sessions. We also arrange monthly workshops and run a life admin course for people with ADHD.

MONTHLY WORKSHOPS

April Workshop Recap: Protecting Yourself from Scams



In April, we hosted an enlightening workshop on scams, featuring Beverley Nicklin from Bromley Trading Standards.



Beverley shared invaluable tips, such as using a different phone if you receive a suspicious call, as scammers can stay on the line and impersonate bank officials during follow-up checks. She also advised that dialing 159 connects you directly to the Fraud department of most banks if you have any concerns.

MAY WORKSHOP

Our May workshop featured a guest speaker from Bromley Experts by Experience, who shared insights into their work and explained how to get involved in their forums and campaigns.

More information can be found on their [website](#).

Supporting people with Learning Difficulties

BROMLEY EXPERTS BY EXPERIENCE WORKSHOP

X by X Bromley is a Deaf and Disabled People's Organisation, run by and for Deaf and Disabled people and Carers in the Bromley community.

MON Monday 12 May

10am-12pm

Bromley Scout Hut,
15 Prospect Place,
Bromley, BR2 9HL

Join us to:

- Learn about the vital work X by X do
- Explore how you can get involved in X by X forums and campaigns

Please contact us by telephone or email to book your place.

PHONE 020 8466 0790
EMAIL Chetan.raval@bromleywell.org.uk

ADHD 'Life Admin' Course

Our ADHD Life Admin course is under way and we have a waiting list open and will be offering another course later in the year.

For more information on the course, please take a look at our [flyer here](#).

CORRESPONDENCE DROP-IN

Our Drop-in runs every Friday from the Bromley Mencap Station Road Office.

Simply pop in between 10am-12 noon and 1-3pm. Please note we are on lunch from 12-1pm.

We can help you with letters, emails and any other literacy issues.

You can download the [flyer here](#).



Community Outreach

We recently attended the Bromley College transition event and spoke with families about next steps and the support on offer from both Bromley Well and Bromley Mencap.



CELEBRATE LEARNING DISABILITY WEEK WITH US

Confidence Workshop

Join us on Monday 16 June, 10am–12pm at the Scout Hut for a special workshop led by Richard Wiseman from the Bromley Well Education and Employment Team.

This interactive session will focus on building confidence and resilience—a fantastic way to mark Learning Disability Week and support personal growth in a fun, welcoming environment.

Garden Party

Come along for an afternoon of celebration, music, and fun!

Bromley Mencap is marking Learning Disability Week 2025 with a relaxed Garden Party at The Lodge, Norman Park – and you're invited!

Date: Tuesday 17 June 2025

Time: 4:00pm – 6:00pm


Location: The Lodge, Norman Park,
Hook Farm Road, Bromley, BR2 9SX


Bromley Well


Supporting people with Learning Difficulties


CONFIDENCE WORKSHOP

Join us for a special workshop on confidence and resilience, led by Richard Wiseman, in celebration of Learning Disability Week!

**Monday 16 June**

**10am–12pm**

**Bromley Scout Hut,
15 Prospect Place,
Bromley, BR2 9HL**



This year's theme is "Do You See Me?", which is all about being seen, heard, and valued. This session will explore how building confidence and resilience helps people feel recognised and respected for who they are.

Please contact us by telephone or email to book your place.

PHONE	EMAIL
020 8466 0790	Chetan.raval@bromleywell.org.uk

Bromley Well

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Bromley mencap
Incorporating Bromley School

Funded by:
Bromley
THE LONDON BOROUGH OF BROMLEY
www.bromley.gov.uk

NHS
South East London



Booking is essential as we have a maximum of 50 places. Priority will be given to Bromley Mencap members.

The closing date to register your place is Tuesday 10 June.

To register your place for either event, please email emma.andrew@bromleywell.org.uk or phone/text 07752 466928.