

# Newsletter



## Issue 7



Email  
[robert.morgan@bromleywell.org.uk](mailto:robert.morgan@bromleywell.org.uk)



or  
call 0208 466 0790



to speak to Rob about the service

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Bromley

Clinical Commissioning Group

**Referrals:** There has been a sharp increase in the amount of people accessing the service and, because of this, a higher workload to manage. Having said that, we still aim to respond to a new referral within three working days and continue to run a person-centred service in the manner that people have come to expect.



## Monthly Workshops and Drop-ins

We joined the Physical Disabilities Pathway for our first workshop of the year which was a First-Aid session given by The St John Ambulance.

Our following workshop was on a Saturday morning at The Lodge in Norman Park with the theme of managing money and budgeting. At this workshop we also discussed having Annual Health Checks and the benefits of this. We supported all attendees to complete a questionnaire from the NHS. The group was very pleased to be able to help the NHS to find a solution to the fact that a high number of eligible people do not have an Annual Health Check.



## Outreach

I have continued to attend the outreach sessions in Cotmandene and Mottingham on alternate Wednesdays. If you would find it easier to meet me at one of these venues rather than at our office on Masons Hill, please let me know and I will allocate you a time. Or you can just turn up on the day, when I see people on a first-come-first-served basis.

I have also continued to run sessions from Bromley Jobcentre Plus on Thursday afternoons, meeting people or supporting at their appointments. If you would like to meet me there, or have an appointment you would like me to support at, please ask your work coach or advisor and they will make you an appointment with me.

## Community House Drop-in and Coffee Morning

We have also begun meeting in Community House for a Coffee Morning in Mrs B's Café. We meet every other Friday at 10am for a chat and, if you would like to speak to me about any concerns, we can find a quiet place to look over any letters or talk about a particular issue. Call, text or email Rob Morgan if you would like any more information about the Learning Difficulty service on 020 8466 0790, mobile 07482 558 660 or email [robert.morgan@bromleywell.org.uk](mailto:robert.morgan@bromleywell.org.uk)

# NEWS - Learning Disabilities



## NHS Staff in England to Be Trained About Learning Disability

Following a petition and the Mencap 'Treat Me Well' campaign, the Government has agreed that all relevant NHS staff should be trained in Learning Disabilities. This is a big step towards a fairer healthcare system in the UK. People are being asked to have their say about this by means of a consultation. The consultation is available in easy read here: [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/778153/Learning\\_disability\\_and\\_autism\\_training\\_easy\\_read.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/778153/Learning_disability_and_autism_training_easy_read.pdf) Entries must be received by Friday 12th April.

## No Pens Day

No Pens Day is promoting dyslexia awareness. The British Dyslexia Association (BDA) said: "For many children and adults with dyslexia writing is a highly complex activity. Whilst they may know what they want to say in their head, they struggle to get their ideas down on paper in a written form. This can lead to frustration and the individual not being able to show what they really know and understand."



The purpose of No Pens Day is to enable children and adults to engage in activities that do not require writing and to explore other ways of showing knowledge and learning."

<https://www.bdadyslexia.org.uk/fundraising/dyslexia-awareness-week/no-pens-day>

## Dimensions Learning Disability and Autism Leaders' List 2018

The Learning Disability and Autism Leaders' List 2018 was



published on the International Day of Disabled People. Winners included Keiran Gallagher. Keiran has long been involved in spreading awareness of autism and is currently fronting a rap group called Karate Galactics. Their first single is 'The Definition of Autism' and can be seen on the Dimensions website [https://www.dimensions-uk.org/get-involved/campaign/leaders\\_list/kieran-gallagher/](https://www.dimensions-uk.org/get-involved/campaign/leaders_list/kieran-gallagher/)

## Music is Magic – Royal Albert Hall

An inspiring evening of musical entertainment at the Royal Albert Hall on April 15th. Music is Magic will be the largest ever celebration of accessible music-making in the UK, showcasing the talents of 200 learning-disabled musicians from across the country, supported by a symphony orchestra and massed choir. It will also feature classical singing duo Classical Reflection and the acclaimed actor Peter Egan. The best seats are only £12.70 for concessions. More details here [https://gallery.mailchimp.com/6ba08b6a2a69946c2d9c19ad3/files/c4ffbfaf1-e84a-46a5-ac97-5a397e1c5d77/MIM\\_RAH\\_A5.pdf](https://gallery.mailchimp.com/6ba08b6a2a69946c2d9c19ad3/files/c4ffbfaf1-e84a-46a5-ac97-5a397e1c5d77/MIM_RAH_A5.pdf)



## Mencap Learning Disability Survey

Mencap is running a survey on learning disability. This survey is a chance for people with a learning disability to tell Mencap about their everyday lives and things that are important to them such as health, relationships, and inclusion. Full details on the survey can be found here: [https://www.mencap.org.uk/learning-disability-explained/research-and-statistics/big-learning-disability-survey?dm\\_i=4P14%2CHAGR%2C2UTIKN%2C1ZN9V%2C1&utm\\_campaign=806715\\_Big%20Learning%20Disability%20Survey&utm\\_medium=email&utm\\_source=dotmailer](https://www.mencap.org.uk/learning-disability-explained/research-and-statistics/big-learning-disability-survey?dm_i=4P14%2CHAGR%2C2UTIKN%2C1ZN9V%2C1&utm_campaign=806715_Big%20Learning%20Disability%20Survey&utm_medium=email&utm_source=dotmailer)



# April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3 Cotmandene Outreach Session	4	5 Community House Coffee Morning	6	7
8	9	10	11 Bromley Jobcentre Support Session	12	13	14
15	16	17 Cotmandene Outreach Session	18	19 Good Friday	20	21
22 Easter Monday	23	24 Mottingham Outreach Session	25 Bromley Jobcentre Support Session	26	27 Workshop and Drop-in	28
29	30					

For further details about any LD events on the calendar, please contact Rob by  
email - [robert.morgan@bromleywell.org.uk](mailto:robert.morgan@bromleywell.org.uk)  
phone - 0208 466 0790  
or text - 0748 255 8660

# May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Cotmandene Outreach Session	2	3 Community House Coffee Morning	4	5
6 May Bank Holiday	7	8 Mottingham Outreach Session	9 Bromley Jobcentre Support Session	10	11	12
13	14	15 Cotmandene Outreach Session	16 Bromley Jobcentre Support Session	17 Community House Coffee Morning	18	19
20	21	22 Mottingham Outreach Session + Workshop and Drop-in	23 Bromley Jobcentre Support Session	24	25	26
27 Spring Bank Holiday	28	29 Cotmandene Outreach Session	30	31		

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