

Newsletter



Issue 1



Email

robert.morgan@bromleywell.org.uk



or
call 0208 466 0790



to speak to Rob about the service

Delivered by:



Bromley Third Sector Enterprise

Funded by:



Clinical Commissioning Group

Referrals

We have been receiving a steady stream of referrals since the New Year through our outreach and the Single Point of Access. I have met lots of people new to the service and we have tackled some difficult problems with some promising outcomes.

Drop-ins

We have combined our time at the Lodge for workshops with a monthly drop-in. This gives everyone a chance to bring along letters they need support to understand or speak to us about any worries they might have. We have been using the office upstairs at the Lodge to speak to people about personal issues, away from the rest of the group. Please do come along if you have a problem we can help with.

Outreach

I have been attending informal outreach sessions in Cotmandene and Mottingham on alternate Wednesdays. This is a chance for people to come along with any issues they may have and speak to us. In March we are organising two outreach events in Cotmandene and Mottingham for people to come along and see what we do.

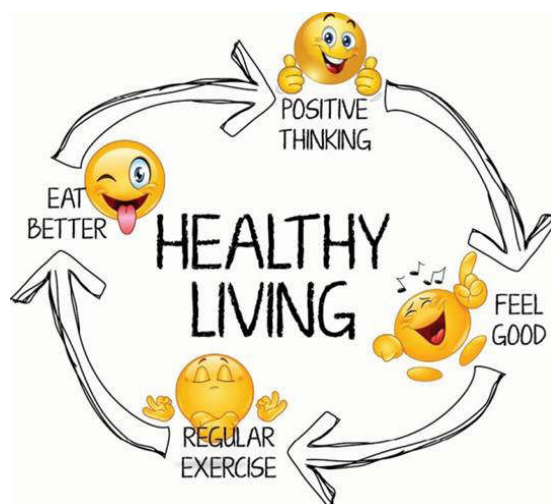
If you would like any more information about the Learning Disability service, call Rob Morgan on 020 8466 0790, mobile 07482 558 660 or email robert.morgan@bromleywell.org.uk

Monthly Workshops

We have been holding monthly workshops at The Lodge on Saturday mornings. Our last couple of workshops have been a great success as we have now finished our Managing Money theme.



The group have enjoyed the sessions and have welcomed me and all of the new members. It is a great way to meet up, have a chat, learn something new and play a few games. Our next workshop, on 24th March, will be the first of our workshops on Healthy Living.



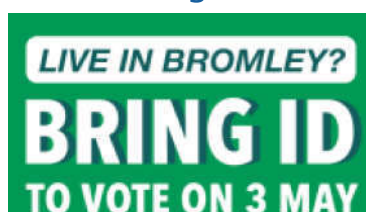
NEWS -

Learning Disabilities

Identification Required To Vote

Bromley has agreed to be one of five areas involved in a new pilot scheme for the local elections. This means people will be asked to bring along personal documents as proof that they are eligible to vote. This will be a big change and a surprise to anyone who doesn't yet know about it. Details and a list of forms of identification can be found on the council's website

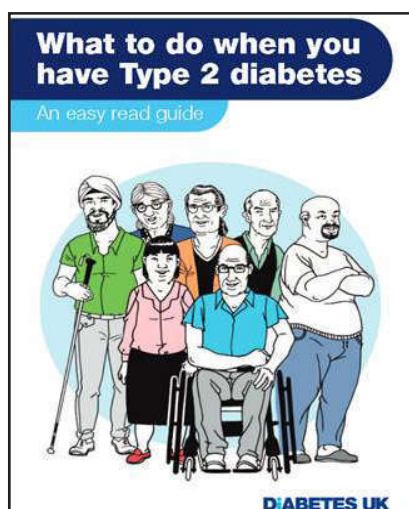
<http://www.bromley.gov.uk/info/200033/elections-and-voting/1177/voter-id-pilot>



Diabetes in people with a Learning Disability

The University of Leeds, Change.org and Diabetes UK have published an easy-read guide to help people with learning disability who have diabetes. People with learning disabilities are more prone to diabetes than the rest of the population, according to statistics. This information, along with many other easy-read resources and an easy-read document creator, is available at

www.changepeople.org



Winter Olympics – Learning Disability Success

Canada took home the Gold in the team figure skating competition at the 2018 Winter Olympic Games in Korea, and it was thanks, in large part, to an incredible performance by skater Gabrielle Daleman.

Daleman produced a stunning programme to clinch Gold for Canada and has since spoken out about her learning disability and eating disorder. She struggles to read and write but, at school, she excelled in maths and gymnastics. She says obstacles like this have given her the drive to keep competing. More here <https://www.reuters.com/article/us-olympics-2018-figs-can-daleman/daleman-leaps-over-obstacles-to-pursue-olympic-dream-idUSKBN1FS117>



Letting NHS Staff Know You Need Support

Mencap are working with NHS England on a survey for people with a learning disability and their supporters, about reasonable adjustments. Reasonable adjustments are things like extra time with your doctor, giving you easy read information or more support to understand. Please take the survey and share with anyone you know.

More here [https://www.engage.england.nhs.uk/survey/4fe72f3c/?utm_source=e-Bulletin&utm_campaign=7d4b66996f-21+February+2018&utm_medium=email&utm_term=0_5bb9925f3d-7d4b66996f-14346425&ct=t\(feb_21_2018_21_02_2018\)&mc_cid=7d4b66996f&mc_eid=02acc187a0](https://www.engage.england.nhs.uk/survey/4fe72f3c/?utm_source=e-Bulletin&utm_campaign=7d4b66996f-21+February+2018&utm_medium=email&utm_term=0_5bb9925f3d-7d4b66996f-14346425&ct=t(feb_21_2018_21_02_2018)&mc_cid=7d4b66996f&mc_eid=02acc187a0)