

Bromley

Well

Issue 20

Supporting People With Learning Difficulties

NEWSLETTER



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By Emma Andrew

Senior Information & Support Officer

We support people who have a learning disability or learning difficulty through one-to-one appointments, assisting in meetings and contacting organisations. Our approach is to run a person-centred service giving information, guidance and support. The Learning Difficulty Pathway has recently offered support with welfare benefits, grant applications, ADHD coping mechanisms and day-to-day finances.

Monthly Workshops

In April, we held a scams workshop and Beverley Nicklin from Bromley Trading Standards attended to talk to us about potential scams and how to keep safe. All who attended found it extremely helpful.



"I am really glad I came as I didn't know about some of the scams"

Workshop attendee



Caspa from Clear Community Web also came along to share details of the Government's emergency alert



test and how to turn the alert off on our mobile phone if we needed to. Caspa played the siren sound to the group so we all knew what to expect on 23rd April.

ADHD Life Admin Course

This course is for people with ADHD or those seeking a diagnosis who would like some extra support and guidance. The course is proving very popular and we are currently holding a waiting list. Please contact us if you would like to join.

"I finally felt I was not the only one and was not judged but instead found acceptance... and my confidence has grown because I attended the course"

Course attendee

We celebrated World Book Night (23rd April) at our workshops and Life Admin course by giving out the short story, Paris for One.

Thank you to the Reading Agency for the book donation.



Correspondence Drop-ins

Did you know we have a drop-in for correspondence?

Do you need help reading a letter? Need support sending an email?

Do you want to know if you can apply for benefits and don't know where to start?



Come and see us on Mondays (excluding bank holidays) from 10am – 12pm or 1pm – 3pm at Bromley Mencap, Station Road, Bromley, BR1 3LP. There is no need to book, just turn up!

Outreach

In March, Emma attended the job fair at Bromley Job Centre to discuss the support we provide to people with learning difficulties, as well as the help available to find employment.



In the News

Daymond John: Raising Awareness

Daymond John is an American businessman, investor, and television personality.

I'll do a speaking engagement for 5,000 people and I'll say, "How many people in here are dyslexic?" Four people will raise their hands. And it's usually the CEOs and very, very powerful people that raise their hands. But people that work within these environments — they're ashamed and they're afraid and they don't say it. And then I start to give them the stats about Will

Save the date

Picnic in the park

Thursday 25th May

Time: 11am

Where: The Lodge,
Norman Park



Bring a picnic and a blanket to sit on, play games or loan a bike and have a ride around the park!

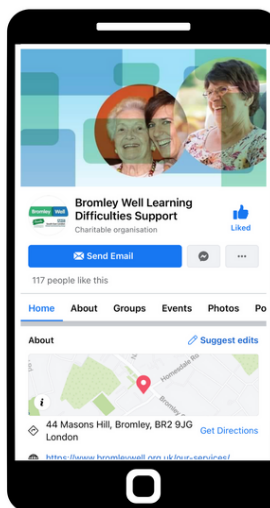
Email emma.andrew@bromleywell.org.uk or telephone 0208 466 0790 or 07752 466928.

[More information here.](#)

New team member

Maria Carver-Carter has recently joined the team from the Physical Disabilities Pathway and you will have the opportunity to meet her on Mondays during the correspondence drop-in at our Station Road office.

Online Support and Resources



Please visit our [Facebook page here.](#)

Information from workshops and updates on the service can be found here, as well as useful information about learning difficulties.

We also have a [private Facebook group.](#)

Please contact us for help with setting this up.

Smith and Tom Cruise and myself and the four Sharks, and then all of a sudden everybody in the room is dyslexic, raising their hand. I want to bring this awareness to people. We want to make sure that people get tested if they feel that there's a learning challenge.

[Read 30 personal stories about learning and thinking differently here.](#)

