



Autism Support Newsletter

Welcome to the first Bromley Well Autism Support Newsletter.



My name is Chris and I joined this new service in January 2020, having previously worked for a different part of the Bromley Well service for nearly 2 years.

Changes to Bromley Well services during the Coronavirus Outbreak

Due to the current outbreak we are unable to offer face to face appointments, however we are still contactable via e-mail: chris.towers@bromleywell.org.uk or phone: **07597 048674**.

We have had to postpone our March 2020 Workshop at Community House, please see below for more information on our revised Workshop arrangements.

World Autism Support Day

To celebrate World Autism Support Day on Thursday 2nd April 2020 we will be holding a Check-In and Chat session from 12:30 PM via Zoom. This will be held by Helen from CASPA who ran our previous workshop at Community House. I'll be there as well.

All you have to do to get involved is go to: <https://zoom.us/signup> and create a free account.

Then click:

<https://zoom.us/j/793439239?pwd=OG50SUNHODRXN1p4U2V3R2tiR0h6Zz09>

and you will be able to join us.

If you are asked for a Meeting ID it's: **793439239** and the password is: **737689**

There are apps available for both Android and iOS (Apple).

It's completely free to get involved.

We will be continuing the conversation over on our Facebook Page so if you can't use Zoom come and join us on Facebook as well.

Bromley Well Autism Workshop March 2020

Due to the current outbreak we have had to postpone our March 2020 Workshop at Community House. We are pleased to announce this has been moved to Thursday 9th April from 12:30 and will now be held online via Zoom.

All you have to do to join us is to go to: <https://zoom.us/signup> and create a free account. We will be e-mailing the invitation to the April 9th meeting after Friday 3rd April.

We look forward to seeing you online.

Facebook Page and Group

Exciting News - We have set up a new Facebook Page and Group for our service.

- Facebook Page - <https://www.facebook.com/Bromley-Well-Autism-Support-110131407288911/>
- Facebook Group - <https://www.facebook.com/groups/BWAutismSupport/>

Please click on the above links to find out more. Please "Like" the Autism Support Page to be kept up to date with info from our Service

Updates regarding Coronavirus

Bromley Council has set up a form for requests for assistance for those self-isolating. The form be found here:

<https://www.bromley.gov.uk/requestforassistanceform>

The National Autistic Society has put together a page regarding a "Passport" in the event of someone being admitted to hospital during the current situation, especially with limited visiting. It is endorsed by the Department of Health and NHS England. More info here:

<https://www.autism.org.uk/about/health/hospital-passport.aspx>

Check out our Facebook Page:

<https://www.facebook.com/Bromley-Well-Autism-Support-110131407288911/> for more information and suggestions of things to do during this current situation.

WARNING: Scam alert!

Be aware of people offering or selling:

- Virus testing kits - these are only offered by the NHS
- Vaccines or miracle cures - there is currently no vaccine or cure
- Overpriced or fake goods to protect yourself from coronavirus such as anti-bacterial products
- Shopping or medication collection services
- Home cleaning services

Protect yourself and others:

- Don't be rushed into making a decision; if it sounds too good to be true, it probably is
- Only purchase goods from legitimate retailers and take a moment to think before parting with money or personal information

If someone claims to represent a charity, ask them for ID. Be suspicious of requests for money up front. If someone attempts to pressurise you into accepting a service they are unlikely to be genuine. Check with family and friends before accepting offers to help if you are unsure.

Contact Bromley Trading Standards if you think you have been scammed:

https://www.bromley.gov.uk/info/200098/trading_standards/477/rogue_traders_and_scams/3?dm_i=3YM6,140KU,5M4OYL,3WHV5,1

Or call the **Rapid Response Team on 07903 852090**
