



Hospital Aftercare Service

This is a free service where experienced and dedicated volunteers support vulnerable or mildly frail older people, who live alone or need assistance to regain their confidence to prevent re-admission to hospital.

Service offer

Our aim is to support older people to work towards self-selected goals enabling them to regain their confidence and independence in their home environment.

The service offers up to six weeks short term support in the client's own home and can include:

- Emotional support and companionship
- Practical tasks, help with shopping and other errands
- Going out for short walks where appropriate
- Providing access to information and other help available to older people

Who can use the service?

The service is for Bromley residents. Anyone can refer, including older people themselves, family and friends as well as health and social care professionals.



To make a referral please call: **07494 972778**

Email: **services@bromleywell.org.uk** **www.bromleywell.org.uk**

9.00am – 5.30pm Monday to Friday, excluding Public Holidays

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