

Support with Access to Food during Covid-19

Please understand this list is not exhaustive and inclusion doesn't imply endorsement - thank you!

<u>Bromley Food Bank Centres</u> - Providing emergency food by home delivery only. They are still able to help everyone who's been referred with a voucher to the food bank, but the centres are temporarily closed. If you've been referred, they'll call you to arrange home delivery asap.

Bromley Council Requests for assistance

Click on link and then click on Fill in form tab at bottom RHS of screen Covid-19 assistance helpline - Weekday office hours - 020 8313 4484

Age UK Bromley and Greenwich

Help at home and home shopping enquiries – 0208 315 1850 option 5 There are strict criteria for accessing this service, speak to them first.

Support from Local Groups

Local "Mutual Aid" Groups are springing up to help with things such as collecting prescriptions and buying food.

Please note these are not vetted and we cannot guarantee the work or the people involved.

https://covidmutualaid.org/local-groups/

West Wickham shopping help

St John's church in West Wickham are co-ordinating local volunteers to help with picking up shopping, posting mail, collecting urgent supplies and making a friendly phone call for people self-isolating in the local area. Call 0333 3355209 8am to 8pm.

Living Well – Trinity Church Penge

Food bank still operating as drop in - no referral required. They have introduced new procedures to make sure they stay in line with social distancing measures.

Foodbank open Tuesdays 3-4pm, Fridays 1pm - 2.30pm, Saturdays 10.30am - 12 Noon.

Their community lunch is now served as a takeaway meal on Fridays.

Community Fridge – Unity Church Rye Cres, Orpington BR5 4NH

Every Wednesday and Saturday from around 9.30am fresh food is available from the church. No referrals necessary.

Food Companies Delivering to the London Borough of Bromley

As getting a delivery slot at any of the main supermarket chains can be difficult at the moment, here is a list



of alternative food suppliers. Please note these are generally fairly expensive in comparison with supermarkets.

Please check with each supplier for current availability. This list was last checked 2/4/2020

Roots and Shoots Tel: 020 8313 3003

Fruit and vegetables delivered from Sundridge Parade in Bromley.

Watts Farms Tel: 01622 793 900 E-mail: <u>sales@wattsfarms.co.uk</u> Pasta, rice, vegetables, fruit, bakery, eggs, cheese, butter, drinks, dairy, kitchen pantry, fresh herbs and more. Delivery within 30 miles of ME20 7NA_£50 00 minimum spend_£4 00 delivery charge for orders under

Delivery within 30 miles of ME20 7NA. £50.00 minimum spend. £4.00 delivery charge for orders under £75.00. Free for orders over £75.00.

Fig and Fennel E-mail: enquiries@figandfennel.co.uk

Fruit and vegetables delivered Monday- Friday. Free delivery to Bromley, Orpington and surrounding areas.

Larder Meat & Eat Tel: 07714 254 312 E-mail: info@laderlondon.com Meat boxes weekly or one offs, as well as wine, pantry, cheese, charcuterie, bakery, deli- pies and more. Closed on Mondays and Tuesdays. Based in Sundridge Parade, Bromley.

Carnivore & Herbivore Tel: 020 8460 1407 E-mail: orderfrombromley@gmail.com Meat and vegetables. Delivery free for elderly & vulnerable. See website for more info. Based on Southborough Lane, Bromley.

<u>Andrew's Quality Meats</u> Tel: 020 8698 3748 Meat boxes delivered from Bromley. Payment online only.

<u>Cook!</u> Tel: 01732 759020 Good selection of quality frozen meals. Order online.

<u>The Grocer Bro's</u> Tel: 07958 517 672 Fruit and vegetables. Delivery within 5 miles of Keston, possibly further.

<u>The Indian Shop</u> Tel: 01689 870970 Groceries, meat, veg, spices, rice, flour etc. Deliveries taking place Tuesday- Saturday to all BR postcodes.



£3.99. Based in Petts Wood.

Laura's Larder

E-mail: laura@lauraslarder.co.uk

Fruit, vegetables, dairy and other groceries. Currently taking orders via e-mail whilst they develop online order system. Deliveries with 2 mile radius of shop in Petts Wood. Menu on partnership company site: www.knock-knock-groceries.com/collections/all

<u>Mr Brown's Fresh Produce</u> E-mail: <u>mrbrownsfreshproduce@outlook.com</u> Fruit and vegetables. Deliveries on Mondays or Fridays. Place orders via e-mail. Based in Cudham.

<u>Farmaround Organic</u> Tel: 01748 850700 E-mail: <u>info@farmaround.co.uk</u> Fruit, vegetables and eggs. Delivering to London, Brighton and the Southeast. Open weekday mornings 8:00am-12:00pm

<u>Glorious Greens</u> Tel: 01959 533861 E-mail: <u>info@gloriousgreens.co.uk</u> Fruit and vegetables. Delivery or drive-thru at warehouse opposite Toby Carvery at Poll Hill.

<u>The Olive Oil Mill</u> Tel: 020 7740 1717 E-mail: <u>sales@theoliveoilmill.co.uk</u> Oils, glazes, fruit and vegetables. Delivering to all SE postcodes and BR1. Open Monday- Friday 6:00am-3:00pm. Based in Kidbrooke.

Entremettier

Tel: 020 7720 3246 Offering a comprehensive box of fresh fruit and vegetables for £30. Dairy products can be added to orders. Delivery to London postcodes.

EuroFrutta

E-mail: office@eurofrutta.co.uk

The essential add-on box is perfect for the individual or couple, priced at £13.50. It contains one loaf of bread; one four-pint milk; one Greek-style yoghurt; one butter; 12 eggs; and one four-pint freshly-squeezed orange juice. The Fruit and Vegetable box is £20 and recommended for a smaller household, with an assortment of fruit and vegetables. The Large Fruit and Vegetable box is £40 and recommended for a large household, offering an assortment of fruit and vegetables.

The only Bromley borough postcode they are currently delivering to is **SE20**. Free delivery. All orders placed before 10pm are dispatched and delivered the next day between 6am & 1pm (Mon to Sat). Order online or via e-mail.

<u>First Choice</u> Tel: 020 7498 0550



Various items including mixed fruit and veg boxes. £3.50 delivery charge for BR postcodes. Delivery within 2-5 days. Order online.

Fruit for the Office

Tel: 0800 019 4037 Fruit, veg, milk, eggs and bread boxes. Orders only via telephone. Lines open Monday- Saturday.

<u>Greens</u>

Tel: 0203 514 0982 or whatsapp: 07916 171 598 Fruit, veg, milk, eggs and bread boxes. Delivering to transport zones 1-6. Online store open Monday-Friday mornings.

Sheringhams Fine Foods

Tel: 020 7622 6662 E-mail: orders@sheringhams.com

Fruit and vegetables. Monday-Friday 10:00am-6:00pm. £30 minimum spend for delivery. £22 if collecting. Free delivery within 10 miles of SW8. £5.00 charge outside of radius.

<u>Ortaggi</u>

Tel: 0207 7200 919

Offering three sizes of essential produce bundles at £30, £45, and £60. Delivery within 5 miles of Beckenham. Order online. Allow five days for delivery.

List compiled by staff at Bromley Well during April 2020. Contact: Sue Potter Communications Officer at Bromley Third Sector Enterprise T:0208 315 1912 <u>suep@btse.org.uk</u>