

Bromley Well Older Peoples Services provide practical, emotional and planning support that promotes independence and helps to improve your wellbeing.

How can we help?

- Information, advice & guidance on issues such as housing succession, Power of Attorney, wills and similar
- Free form filling service
- 1-2-1 emotional support face to face, over the telephone, instant messaging & home visits, if required
- Support via trained volunteers to accompany you to hospital appointments.
- Handyperson services for minor adaptations to your home
- Support to develop Emergency Plans
- Access to support groups and networks, befrienders, social activities, friendship hubs, and leisure activities
- The opportunity to engage in forums and groups to influence & shape Bromley Well services.

Please register with Bromley Well to use the service:

Freephone

0808 278 7898

www.bromleywell.org.uk/refer

Our support sessions and activities are held at different locations throughout Bromley. Get in touch to find out more

 @bromleywell

 @bromleywellservice

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