

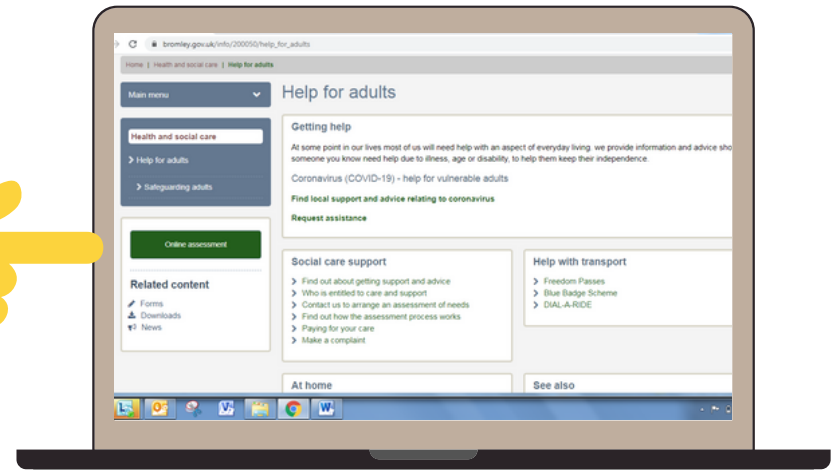
Adult Social Care Online Self-Assessment

We appreciate how important it is for people to remain independent. If you are finding everyday tasks more difficult, you, a friend, family member or professional can complete this online self assessment form.

www.bromley.gov.uk/helpforadults

- Do your needs arise from an illness, a physical disability including frailty, or a mental illness?
- Do these needs mean you are unable to achieve some of your normal daily tasks?
- As a result of this, is there likely to be a significant impact on your wellbeing?

If you answer YES to these questions complete the online self-assessment



Information Needed:

- Contact details (name, address, etc)
- GP details
- NHS Number if known
- Confirm you live in Bromley
- What condition affects daily life?
- What you need support with?
- What you want to achieve?
- Email address for receipt

Conversation:

Adult Social Care will call back within **5 working days** to discuss:-

- your needs
- what happens next
- the financial assessment process
- and signpost to other support