



Hospital Aftercare Service

This is a free service where experienced and dedicated volunteers support vulnerable or mildly frail older people, who live alone or need assistance to regain their confidence to prevent re-admission to hospital.

Service offer

Our aim is to support older people to work towards self-selected goals enabling them to regain their confidence and independence in their home environment.

The service offers up to six weeks short term support in the client's own home and can include:

- Emotional support and companionship
- Practical tasks, help with shopping and other errands
- Going out for short walks where appropriate
- Providing access to information and other help available to older people

Who can refer

We accept referrals from hospital staff from Wards, Clinical Decision Unit, Discharge Lounge, Emergency Department or Urgent Care at Princess Royal University Hospital and the Frailty Unit at Orpington Hospital, the Transfer of Care Bureau, Bromley Local Authority staff including GPs and Social Care Practitioners, older people themselves or their relatives, friends and carers.



To make a referral please call: **020 8315 1873**

Fax: **020 8315 1851** Email: **services@bromleywell.org.uk**

9.00am – 5.00pm Monday to Friday, excluding Public Holidays

Delivered by:



Funded by:



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Bromley
Clinical Commissioning Group