

Bromley Well



24 Hour post-hospital discharge support and assistance for Bromley residents

The Bromley Well Sitting Service is a free service that supports vulnerable or mildly frail older people who live in the community, live alone, or do not have anyone to provide assistance.

The service will support people for the first 24 hours after discharge from hospital, and it focuses on providing qualified CQC regulated personal care, companionship and recuperation assistance to enable people to regain their confidence and independence in their home environment, and prevent readmission to hospital.



To make a referral please call: **07983 902432** or **020 8315 1859**

Fax: **020 8315 1851** Email: **enquiry@bromleywell.org.uk**

9.00am – 5.00pm Monday to Friday, excluding Public Holidays

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 **@BromleyWell**



Bromley
Clinical Commissioning Group

The Sitting Service can offer the following support:

- Stay with the client for a maximum 24 hour period
- Remain in the client's home during each shift period and until the next shift arrives
- Assist with domestic and daily living tasks, such as:
 - Bathing,
 - Washing and toileting
 - Assistance with dressing
 - Cooking
 - Feeding
 - Medication prompting and assisting
 - Laundry
 - Guidance, confidence building and emotional support
- Carry out basic risk assessments of the home environment to mitigate risks
- Facilitate access to the Hospital After Care service, for the provision of six weeks of low level intervention including companionship, shopping and assistance with collecting prescriptions.
- Facilitate access to the Handyperson service, for help with low level home adaptations and repairs to support people's independence and ability to remain in their home environment
- Signpost to other appropriate services



Who can refer?

Hospital staff from Wards, Clinical Decision Unit, Discharge Lounge, Emergency Department or Urgent Care at Princess Royal University Hospital and the Frailty Unit at Orpington Hospital, the Transfer of Care Bureau and Bromley Local Authority staff, including GPs and Social Care Practitioners.

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Bromley Third Sector Enterprise

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