

# Green Parks House Family and Carers Drop-In Group



Oxleas  
NHS

**Fortnightly on Tuesdays**  
**4:30 - 5:30pm**

Green Parks House  
Princess Royal

Join us every other Tuesday for our drop-in group for family and carers of people being seen by the acute mental health units at Green Parks House or the Mental Health Home Treatment Team

Meet others going through similar experiences and learn more about carers support available to you through Bromley Well

An opportunity to talk to a professional (such as psychologist or nurse) from Green Parks House about any worries you have or ask questions relating to mental health

Green Parks House  
Princess Royal University Hospital  
on the following dates

**10th December**  
**7th January**  
**21st January**

## Contact Us:

Email [MHcarers@bromleywell.org.uk](mailto:MHcarers@bromleywell.org.uk)

Call: 07709520029