

Bromley Well



Supporting People With Physical Disabilities

Newsletter Issue 12

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We support people with physical disabilities. Due to current Government guidelines, we have suspended face-to-face contact and outreach services. However, we are still offering support and services via the phone and emails.

We also recently set up a Facebook page and are currently hosting our workshops and quizzes on there as well as uploading lots of useful information.

You can follow our Facebook page by clicking on the following link:

<https://www.facebook.com/BWPhysicalDisabilities/>

You can join our private Facebook group by clicking here:

https://www.facebook.com/groups/BWPhysicalDisabilities/?source_id=100447464959432

Monthly Workshops

We managed to hold one workshop in March just before the lockdown. This was delivered by Ciji, who is the Community Learning and Outreach Worker for Bromley Libraries. Ciji discussed the number of libraries within the borough and how libraries have transformed over the years and are now offering lots of e-books, music etc. via the internet.

Libraries also offer so much more than just books, such as computers, printing, exhibitions, play station games, and more. During lockdown, Bromley Libraries are now hosting story-telling sessions via Facebook. More information here:

https://www.facebook.com/pg/BromleyLibraries/videos/?ref=page_internal



PLEASE NOTE THAT OUR FUTURE WORKSHOPS WILL BE ON FACEBOOK UNTIL FURTHER NOTICE.

Contact Us:

If you are interested in attending one of our online workshops or would like to find out more about our service, please contact the office on 020 8466 0790 or one of our Support and Information Officer

Sue Fuller on 07484673090 or email Sue.Fuller@bromleywell.org.uk
Chetan Raval on 07421106922 or email Chetan.Raval@bromleywell.org.uk

NEWS - Physical Disabilities

The football coach with cerebral palsy helping others learn the game



Jamie helps coach disability football as part of the EFL Trust and the Wembley National Stadium Trust's Every Player Counts initiative, which has seen more than 11,000 people get involved with football over the past three years. Article written prior to lockdown restrictions. More here: <https://www.bbc.co.uk/sport/football/51756384>

Disabled train access: 'I feel less human' due to lack of lift

When Joshua Reeves tried to catch a train to Cheltenham from his local station in February he was faced with a steep flight of stairs. All trains in the UK were meant to be fully accessible by January 2020, under new standards brought in under the Equality Act. But some carriages still do not conform with the law, and a number of stations have steep steps and no lifts or ramps for people to access platforms. Article written prior to lockdown restrictions. More here: <https://www.bbc.co.uk/news/uk-wales-51628453>



Former para gets 'life changing' bionic arm

A former para from Colchester who lost his arm while serving in Afghanistan has become the first veteran to get a 3D printed limb on the NHS.



Sports broadcaster Dave Clark talks openly about his Parkinson's diagnosis



Dave and his clinical psychologist wife Carolyn, decided to tell their young sons early on that their dad had the neurological condition to make it a normal part of family life. Carolyn has since helped to write a guide on talking to children about Parkinson's.

Read the full news story here: <https://www.bbc.co.uk/news/disability-51133674>

Why hasn't AI changed the world yet?

When Kursat Ceylan, who is blind, was trying to find his way to a hotel, he used an app on his phone for directions, but also had to hold his cane and pull his luggage. He ended up walking into a pole, cutting his forehead.

This inspired him to co-develop Wewalk - a cane equipped with artificial intelligence (AI). It detects objects above chest level and pairs with apps including Google Maps and Amazon's Alexa, so the user can ask questions.



<https://www.bbc.co.uk/news/business-51632840>

The Cabin Fever Podcast

Screenwriter Charlie Swinbourne is a guest speaker. He reveals that he is keeping busy during lockdown as he develops storylines for the deaf characters in EastEnders and Casualty. He also explains what it's like to be deaf at a time when everyone is social distancing and where mouths are covered by masks, making lip-reading impossible. Listen here: <https://www.bbc.co.uk/news/av/disability-52399692/i-hope-theyll-make-masks-with-cut-outs-for-lips>

