**Bromley Well** 



## Green Parks House Family and Carers Drop-in Group

Join us at a fortnightly drop-in group for carers of people being seen by the acute mental health units at Green Parks House or Mental Health Home Treatment Team

Tuesdays Fortnightly
3:30pm - 4:30pm
Green Parks House
Princess Royal University Hospital

Every fortnight the group will have in attendance a Mental Health Carers Advisor from Bromley Well and an experienced professional from Green Parks House such as a senior nurse, psychiatrist, psychologist or pharmacist



Jointly run between Bromley Well Mental Health
Carers Service and Oxleas NHS Bromley Adult Mental
Health

## **Contact Us**

MHcarers@ bromleywell.org.uk

Bromley Well Freephone on 0808 278 7898 A chance to meet others going through similar experiences and learn more about carers support available to you through Bromley Well

An opportunity to talk to a professional about any worries you have and ask questions related to the units at Green Parks House or other areas of mental health